



958

An ancient migrant's toolkit

SPECIAL SECTION

CIRCADIAN PHYSIOLOGY

INTRODUCTION

986 On the clock

NEWS

988 The scientific night shift *By S. Kean*

PERSPECTIVE

992 Circadian clocks: Not your grandfather's clock *F. W. Turek*

REVIEWS

994 Circadian time signatures of fitness and disease *J. Bass and M. A. Lazar*

999 Immunity around the clock *K. Man et al.*

1004 Mechanisms linking circadian clocks, sleep, and neurodegeneration *E. S. Musiek and D. M. Holtzman*

1008 Circadian physiology of metabolism *S. Panda*

ON THE COVER



A night-shift worker on the Victoria line of the London Underground railway is one of many people whose job or lifestyle choices

dissociate them from the normal light-dark cycles of the environment. The physiological consequences of such circadian misalignment are described in a special section beginning on page 986. *Photo: Peter Macdiarmid/Getty Images*

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▶ LETTERS P. 964 ▶ PODCAST ▶ VIDEO

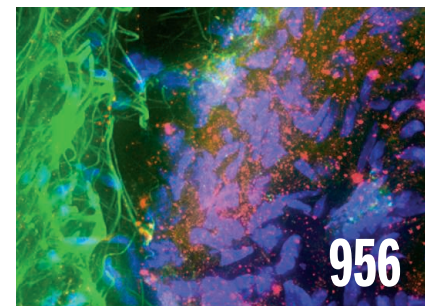
956 ROGUE PROTEIN'S PARTNERS OFFER HOPE IN PARKINSON'S DISEASE

Two receptor molecules may offer targets for drugs *By M. Wadman*

FEATURE

958 THE WANDERERS

Fossils of the first human ancestors to trek out of Africa reveal primitive features and a brutal way of life *By A. Gibbons*



INSIGHTS

LETTERS

964 RESEARCH NIGHT OWLS

▶ CIRCADIAN PHYSIOLOGY SECTION P. 986

PERSPECTIVES

967 PROINFLAMMATORY PRIMATES

Social subordination induces proinflammatory gene expression profiles *By R. M. Sapolsky*
▶ REPORT P. 1041

968 CLOSING THE LOOP

The ATG conjugation system is not essential for autophagosome formation in mammals *By B. Levine*
▶ REPORT P. 1036

970 TEACHING NATURE THE UNNATURAL

A reengineered enzyme catalyzes C–Si bond formation *By H. F. T. Klare and M. Oestreich*
▶ REPORT P. 1048

971 MOSQUITOES ON THE MOVE

Spread and hybridization of *Aedes aegypti* mosquitoes raise the risk of Zika, dengue, and other viral epidemics *By J. R. Powell*



NEWS

IN BRIEF

948 News at a glance

IN DEPTH

951 REPUBLICANS READY A REGULATORY ROLLBACK

Seldom-used law will give Trump, Congress free rein to cancel scores of recent rules *By D. Malakoff*

952 GAS CHANGES SIGNAL ERUPTIONS

Shifting gas mix warns that magma is on the rise *By J. Rosen*

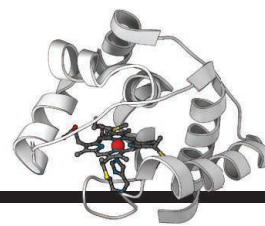
953 CATCHING ANCIENT MAIZE DOMESTICATION IN THE ACT

5000-year-old Mexican cobs offer a detailed genetic snapshot of the partly domesticated grain *By J. Boddy*

954 GRAVEYARD OF COLD SLABS MAPPED IN EARTH'S MANTLE

Resurrected tectonic plates yield visions of a lost planet *By P. Voosen*

CONTENTS



970 & 1048

Organosilicon comes to life

25 NOVEMBER 2016 • VOLUME 354 • ISSUE 6315

972 BRINGING ORDER TO NEUTRAL ATOM ARRAYS

Cold atom manipulation may enable small quantum systems to be built to order *By C. Regal*

► REPORTS PP. 1021 & 1024

974 SUSAN LINDQUIST (1949–2016)

An unflappable biologist was an indomitable advocate for brave and meaningful inquiry *By L. Whitesell and S. Santagata*

POLICY FORUM

975 TEN POLICIES FOR POLLINATORS

What governments can do to safeguard pollination services *By L. V. Dicks et al.*

BOOKS ET AL.

977 TOXIC TEXTILES

A physician uncovers the disturbing history of an “ecofriendly” fiber *By E. Monosson*

978 EMBODIED INEQUALITY

A diverse group of scholars tackles the relationships between health care and social justice *By D. Goldberg*

RESEARCH

IN BRIEF

1016 From *Science* and other journals

RESEARCH ARTICLES

1019 HUMAN DEVELOPMENT

An interactive three-dimensional digital atlas and quantitative database of human development *B. S. de Bakker et al.*
RESEARCH ARTICLE SUMMARY; FOR FULL TEXT:
[dx.doi.org/10.1126/science.aag0053](https://doi.org/10.1126/science.aag0053)

1020 CELL REPROGRAMMING

Tissue damage and senescence provide critical signals for cellular reprogramming in vivo *L. Mosteiro et al.*
RESEARCH ARTICLE SUMMARY; FOR FULL TEXT:
[dx.doi.org/10.1126/science.aaf4445](https://doi.org/10.1126/science.aaf4445)

REPORTS

COLD ATOMS

1021 An atom-by-atom assembler of defect-free arbitrary two-dimensional atomic arrays *D. Barredo et al.*

1024 Atom-by-atom assembly of defect-free one-dimensional cold atom arrays *M. Endres et al.*

► PERSPECTIVE P. 972

1027 GEOPHYSICS

Mega-earthquakes rupture flat megathrusts *Q. Blettery et al.*

1031 CATALYSIS

Direct and continuous strain control of catalysts with tunable battery electrode materials *H. Wang et al.*

1036 AUTOPHAGY

The ATG conjugation systems are important for degradation of the inner autophagosomal membrane *K. Tsuboyama et al.*
► PERSPECTIVE P. 968

1041 BEHAVIORAL IMMUNOLOGY

Social status alters immune regulation and response to infection in macaques *N. Snyder-Mackler et al.*
► PERSPECTIVE P. 967

1046 MEMORY RESEARCH

Retrieval practice protects memory against acute stress *A. M. Smith et al.*

1048 BIOCATALYSIS

Directed evolution of cytochrome c for carbon–silicon bond formation: Bringing silicon to life *S. B. J. Kan et al.*
► PERSPECTIVE P. 970

DEPARTMENTS

947 EDITORIAL

What now for science? *By Rush Holt*

1070 WORKING LIFE

Family-friendly science *By Amanda Zellmer*

Science Staff	944
AAAS News & Notes	979
New Products	1055
Science Careers	1056



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