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An ancient migrant's toolkit

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A night-shift worker on the Victoria line of the London Underground railway is one of many people whose job or lifestyle choices

dissociate them from the normal light-dark cycles of the environment. The physiological consequences of such circadian misalignment are described in a special section beginning on page 986. *Photo: Peter Macdiarmid/Getty Images*

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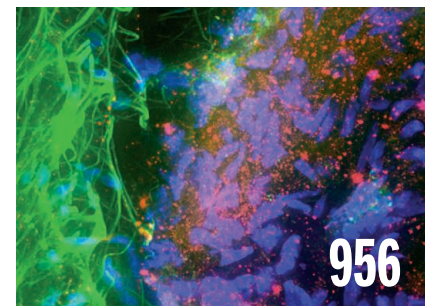
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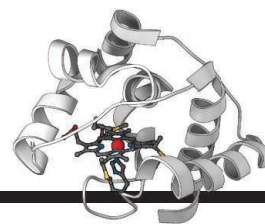
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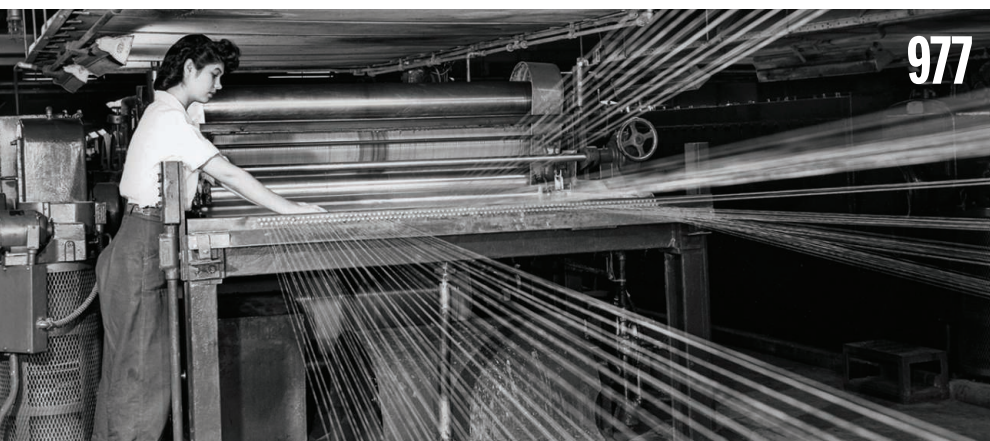
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