RECENT PROGRESS IN OUR KNOWLEDGE OF THE PHYSIOLOGICAL ACTION OF ATMOSPHERIC CONDITIONS

Two weeks ago to-day, in the physiological laboratory of the Columbia School of Medicine, Dr. Fred W. Eastman and I made the following experiment: A young man, twenty-one years of age, in excellent physical condition, who was willing to act as the subject of our tests, was dressed in light underclothing and light trousers, a sweater, stockings and shoes. His systolic and diastolic blood pressures and his pulse rate were taken in the sitting posture; the carbon-dioxide content of the alveolar air of his lungs was determined; a pneumograph was attached to his chest for recording his respiratory movements; a resistance thermometer was placed in the rectum and connected with a self-writing galvanometer for the continued record of his bodily temperature; and a flat-bulbed thermometer was strapped firmly to his forehead to serve as an indicator of the temperature of his skin. Thus equipped he entered a small chamber, provided with a door and windows and with facilities for heating and humidifying the air. He remained there, sitting quietly, for a period of four and one quarter hours. The temperature of the air in the chamber was raised as quickly as possible above the temperature of his body and reached a maximum of 43.3° C. (110° F.) with a maximum wet-bulb reading of 37.2° C. (99° F.), while the relative humidity was increased to a maximum of 85 per
