



958

An ancient migrant's toolkit

SPECIAL SECTION

CIRCADIAN PHYSIOLOGY

INTRODUCTION

986 On the clock

NEWS

988 The scientific night shift *By S. Kean*

PERSPECTIVE

992 Circadian clocks: Not your grandfather's clock *F. W. Turek*

REVIEWS

994 Circadian time signatures of fitness and disease *J. Bass and M. A. Lazar*

999 Immunity around the clock *K. Man et al.*

1004 Mechanisms linking circadian clocks, sleep, and neurodegeneration *E. S. Musiek and D. M. Holtzman*

1008 Circadian physiology of metabolism *S. Panda*

ON THE COVER



A night-shift worker on the Victoria line of the London Underground railway is one of many people whose job or lifestyle choices

dissociate them from the normal light-dark cycles of the environment. The physiological consequences of such circadian misalignment are described in a special section beginning on page 986. *Photo: Peter Macdiarmid/Getty Images*

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► LETTERS P. 964 ► PODCAST ► VIDEO

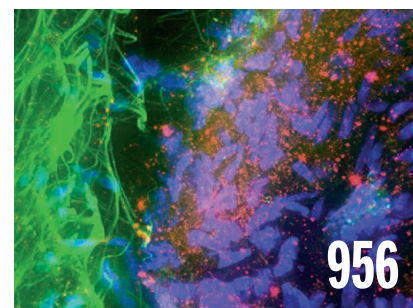
956 ROGUE PROTEIN'S PARTNERS OFFER HOPE IN PARKINSON'S DISEASE

Two receptor molecules may offer targets for drugs *By M. Wadman*

FEATURE

958 THE WANDERERS

Fossils of the first human ancestors to trek out of Africa reveal primitive features and a brutal way of life *By A. Gibbons*



INSIGHTS

LETTERS

964 RESEARCH NIGHT OWLS

► CIRCADIAN PHYSIOLOGY SECTION P. 986

PERSPECTIVES

967 PROINFLAMMATORY PRIMATES

Social subordination induces proinflammatory gene expression profiles *By R. M. Sapolsky*

► REPORT P. 1041

968 CLOSING THE LOOP

The ATG conjugation system is not essential for autophagosome formation in mammals *By B. Levine*

► REPORT P. 1036

970 TEACHING NATURE THE UNNATURAL

A reengineered enzyme catalyzes C–Si bond formation *By H. F. T. Klare and M. Oestreich*

► REPORT P. 1048

971 MOSQUITOES ON THE MOVE

Spread and hybridization of *Aedes aegypti* mosquitoes raise the risk of Zika, dengue, and other viral epidemics *By J. R. Powell*



NEWS

IN BRIEF

948 News at a glance

IN DEPTH

951 REPUBLICANS READY A REGULATORY ROLLBACK

Seldom-used law will give Trump, Congress free rein to cancel scores of recent rules *By D. Malakoff*

952 GAS CHANGES SIGNAL ERUPTIONS

Shifting gas mix warns that magma is on the rise *By J. Rosen*

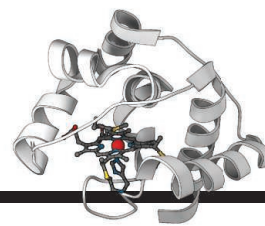
953 CATCHING ANCIENT MAIZE DOMESTICATION IN THE ACT

5000-year-old Mexican cobs offer a detailed genetic snapshot of the partly domesticated grain *By J. Boddy*

954 GRAVEYARD OF COLD SLABS MAPPED IN EARTH'S MANTLE

Resurrected tectonic plates yield visions of a lost planet *By P. Voosen*

CONTENTS



970 & 1048

Organosilicon comes to life

25 NOVEMBER 2016 • VOLUME 354 • ISSUE 6315

972 BRINGING ORDER TO NEUTRAL ATOM ARRAYS

Cold atom manipulation may enable small quantum systems to be built to order *By C. Regal*

► REPORTS PP. 1021 & 1024

974 SUSAN LINDQUIST (1949–2016)

An unflappable biologist was an indomitable advocate for brave and meaningful inquiry *By L. Whitesell and S. Santagata*

POLICY FORUM

975 TEN POLICIES FOR POLLINATORS

What governments can do to safeguard pollination services *By L. V. Dicks et al.*

BOOKS ET AL.

977 TOXIC TEXTILES

A physician uncovers the disturbing history of an “ecofriendly” fiber *By E. Monosson*

978 EMBODIED INEQUALITY

A diverse group of scholars tackles the relationships between health care and social justice *By D. Goldberg*

RESEARCH

IN BRIEF

1016 From *Science* and other journals

RESEARCH ARTICLES

1019 HUMAN DEVELOPMENT

An interactive three-dimensional digital atlas and quantitative database of human development *B. S. de Bakker et al.*
RESEARCH ARTICLE SUMMARY; FOR FULL TEXT: [dx.doi.org/10.1126/science.aag0053](https://doi.org/10.1126/science.aag0053)

1020 CELL REPROGRAMMING

Tissue damage and senescence provide critical signals for cellular reprogramming in vivo *L. Mosteiro et al.*
RESEARCH ARTICLE SUMMARY; FOR FULL TEXT: [dx.doi.org/10.1126/science.aaf4445](https://doi.org/10.1126/science.aaf4445)

REPORTS

COLD ATOMS

1021 An atom-by-atom assembler of defect-free arbitrary two-dimensional atomic arrays *D. Barredo et al.*

1024 Atom-by-atom assembly of defect-free one-dimensional cold atom arrays *M. Endres et al.*

► PERSPECTIVE P. 972

1027 GEOPHYSICS

Mega-earthquakes rupture flat megathrusts *Q. Blettery et al.*

1031 CATALYSIS

Direct and continuous strain control of catalysts with tunable battery electrode materials *H. Wang et al.*

1036 AUTOPHAGY

The ATG conjugation systems are important for degradation of the inner autophagosomal membrane *K. Tsuboyama et al.*
► PERSPECTIVE P. 968

1041 BEHAVIORAL IMMUNOLOGY

Social status alters immune regulation and response to infection in macaques *N. Snyder-Mackler et al.*
► PERSPECTIVE P. 967

1046 MEMORY RESEARCH

Retrieval practice protects memory against acute stress *A. M. Smith et al.*

1048 BIOCATALYSIS

Directed evolution of cytochrome c for carbon–silicon bond formation: Bringing silicon to life *S. B. J. Kan et al.*
► PERSPECTIVE P. 970

DEPARTMENTS

947 EDITORIAL

What now for science? *By Rush Holt*

1070 WORKING LIFE

Family-friendly science *By Amanda Zellmer*

Science Staff	944
AAAS News & Notes	979
New Products	1055
Science Careers	1056



SCIENCE (ISSN 0036-8075) is published weekly on Friday, except the last week in December, by the American Association for the Advancement of Science, 1200 New York Avenue, NW, Washington, DC 20005. Periodicals mail postage (publication No. 484460) paid at Washington, DC, and additional mailing offices. Copyright © 2016 by the American Association for the Advancement of Science. The title SCIENCE is a registered trademark of the AAAS. Domestic individual membership and subscription (51 issues): \$165 (\$74 allocated to subscription). Domestic institutional subscription (51 issues): \$1522; foreign postage extra: Mexico, Caribbean (surface mail) \$55; other countries (air assist delivery) \$89. First class, airmail, student, and emeritus rates on request. Canadian rates with GST available upon request. GST #R125488122. Publications Mail Agreement Number 1069624. Printed in the U.S.A.
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Science

354 (6315)

Science **354** (6315), 947-1070.

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