



Supplementary Material for

Magnetization switching by magnon-mediated spin torque through an antiferromagnetic insulator

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Materials and Methods

Sample preparations. High quality 8-nm topological insulator Bi_2Se_3 films are grown on c-plane sapphire substrates by a molecular beam epitaxy (MBE) system with a base pressure $< 1.5 \times 10^{-9}$ Torr. First, the sapphire substrate is cleaned in acetone, isopropanol, and de-ionized water, and subsequently transferred into the growth chamber and annealed at 750°C for 30 min in a vacuum. For the Bi_2Se_3 deposition, elemental Bi (6N) and Se (5N) solid sources are evaporated from standard Knudsen cells under a Se/Bi flux ratio of ~ 20 . To reduce the Se vacancies in Bi_2Se_3 , initial 2–3 quintuple layer (QL) Bi_2Se_3 is deposited at 150°C , and then the substrate temperature is ramped to 250°C at $5^\circ\text{C}/\text{min}$ under Se flux for the second step growth. The antiferromagnetic insulator NiO ($t_{\text{NiO}} = 0 - 30$ nm) and ferromagnetic metal NiFe (Py, 6 nm) are deposited onto the Bi_2Se_3 films using radio frequency (RF) and direct current sputtering, respectively, with a base pressure of 3×10^{-9} Torr at room temperature. An in-situ magnetic field ~ 550 Oe is applied to induce a uniaxial in-plane magnetic anisotropy in the Py layer. Finally, the stacks are protected by the sputtered MgO (1 nm)/ SiO_2 (4 nm) layer. It is confirmed that the NiO layer is insulating by the Van der Pauw method.

For the spin torque ferromagnetic resonance (ST-FMR) devices, the films are patterned into rectangular-shaped microstrips by photolithography and ion milling. The current channel width is $15\ \mu\text{m}$. Then, coplanar waveguides (CPW) are fabricated. The device impedance is $\sim 50\ \Omega$. For the switching devices, an isolated Py (6 nm), $\text{Co}_{40}\text{Fe}_{40}\text{B}_{20}$ (3 nm) or Cu (6 nm)/Py (6 nm) rectangle is patterned on top of the NiO layer by photolithography and ion milling as shown in Fig. 4A. Then a 6-nm SiO_2 layer is deposited to protect against oxidization.

ST-FMR measurements. The ST-FMR signal, V_{mix} , is produced across the ST-FMR device by the rectification of anisotropic magnetoresistance oscillating at the same frequency as a RF current I_{RF} (28). The frequencies and nominal power of I_{RF} are 8–10 GHz and 13 dBm, respectively. I_{RF} is amplitude-modulated by a low frequency sinusoidal wave signal with a frequency of 256.5 Hz. An in-plane external magnetic field (H) is applied at a fixed angle at $\theta_{\text{H}} = 35^\circ$ with respect to I_{RF} direction. Finally, V_{mix} is detected by a lock-in amplifier. The amplitude of symmetric component (V_{S}) can be determined from the fits of ST-FMR signals as shown in Fig. 3B, which is correlated with the damping-like torque, τ_{DL} . Consequently, the spin torque ratio θ_i is evaluated using

$$V_{\text{S}} = -\frac{I_{\text{RF}}\gamma \cos \theta_{\text{H}}}{4} \frac{dR}{d\theta_{\text{H}}} \tau_{\text{DL}} \frac{1}{\Delta} F_{\text{S}}(H), \sigma_i = \tau_{\text{DL}} M_{\text{s}} t_{\text{Py}} / E \text{ and } \theta_i = J_i / J_{\text{C}} = \sigma_i / \sigma \text{ (17, 27), where } \gamma \text{ is the}$$

gyromagnetic ratio, $dR/d\theta_{\text{H}}$ is the angle-dependent magnetoresistance at θ_{H} , Δ is the linewidth of ST-FMR signal in the frequency domain, $F_{\text{S}}(H)$ is a symmetric Lorentzian, M_{s} is the saturation magnetization of Py, t_{Py} is the thickness of Py, σ is the Bi_2Se_3 conductivity, E is the microwave field across the device, J_{C} is the charge current density in the Bi_2Se_3 layer, σ_i , J_i and θ_i are the spin conductivity, spin current and spin torque ratio, respectively. Here the subscript ‘ i ’ means that it is either due to the electrical spin current J_{S} ($i = \text{S}$) or the magnon current J_{M} ($i = \text{M}$).

Switching measurements. We first initialize the magnetization of the isolated Py rectangle along the $+y$ or $-y$ -axis (see Fig. 4, B, C and E) with an in-plane external magnetic field H . We then remove H and apply a pulsed current I (pulse width of 30 μs) to observe the magnetization switching using a longitudinal magneto-optic Kerr effect (MOKE) microscope. The Py magnetization shows an in-plane easy axis along the y -axis (i.e. perpendicular to I). The MOKE images are captured after I is off, so that there is no current induced spurious effects in the MOKE images. The same measurement procedures are followed for $\text{Co}_{40}\text{Fe}_{40}\text{B}_{20}$ magnetization switching measurements.

Supplementary Text

Section 1. Atomic-force microscopy (AFM) images of Bi₂Se₃ and Bi₂Se₃/NiO films

As shown in Fig. S1A, the Bi₂Se₃ films have smooth surface with a roughness of ~0.59 nm and show a clear terrace step of 1 quintuple layer (~1 nm). The morphology indicates the high quality of Bi₂Se₃ films. As we deposit 5-nm NiO (Fig. S1B) and 25-nm NiO (Fig. S1C) on top of Bi₂Se₃, we find the films still show smooth surfaces with a roughness of ~ 0.61 nm (Bi₂Se₃ 8 nm/NiO 5 nm, Fig. S1B) and 0.64 nm (Bi₂Se₃ 8 nm/NiO 25 nm, Fig. S1C). Moreover, the morphology of the triangles and terrace steps can still be observed with the NiO layer, indicating that the surface of the Bi₂Se₃ films are intact. Some small island structures can be seen on the film surface in Fig. S1C, which might be due to polycrystal NiO grains in the thick NiO films.

Section 2. NiO/Py interface contribution to spin torque ratio θ

Recent studies (41-43) have found that ferromagnet/oxide interfaces could generate a spin-orbit torque. Figure S2A shows the raw θ_i data, obtained from the ST-FMR measurements, without correcting the interface contribution. In our Bi₂Se₃ (8 nm)/NiO ($t_{\text{NiO}} = 0-100$ nm)/NiFe (Py, 6 nm) ST-FMR devices, I_{RF} flows not only through the Bi₂Se₃ layer (current density J_C) but also through the Py layer ($J_{C-\text{Py}}$) and the NiO/Py interface ($J_{C-\text{int}}$) (see schematic in Fig. S2B). In order to evaluate the pure magnon-torque effect, we need to measure the NiO/Py interface contribution θ_{int} .

We evaluate θ_{int} at the NiO/Py interface using the established 2nd harmonic measurements (44-46) in the Si/SiO₂ sub./NiO (t_{NiO})/Py (6 nm) control samples (Fig. S2C). The patterned Hall bar has a 4- μm wide channel width. An alternating current (AC) with an amplitude of 4 mA is applied into the device with a frequency of 317.3 Hz. An external magnetic field H is rotating in the Hall bar plane with an azimuthal angle φ . The Py magnetization is oscillating around H due to the

damping-like torque (τ_{DL}) and field-like torque (τ_{FL}) including the Oersted field torque induced by the current. The 1st harmonic (i.e. planar Hall signal) and 2nd harmonic Hall voltages are recorded using lock-in amplifiers at different H . The 1st and 2nd harmonic transverse resistances can be written as (44-46)

$$R_{xy}^{\omega} = R_P \sin 2\varphi, \quad (S1)$$

$$R_{xy}^{2\omega} = (R_{DL}^{2\omega} + R_{ANE}^{2\omega}) \cos \varphi + R_{FL}^{2\omega} \cos \varphi \cos 2\varphi, \quad (S2)$$

where R_P is the planar Hall resistance. $R_{DL}^{2\omega} = H_{DL} R_A / 2(H - H_{deg} - H_{ani})$ is correlated with τ_{DL} , where R_A is the anomalous Hall resistance, H_{DL} is the damping-like torque induced effective field at the NiO/Py interface, H_{deg} and H_{ani} are respectively the out of plane demagnetization field and in-plane anisotropy field of the Py layer. $R_{ANE}^{2\omega}$ is due to the anomalous Nernst effect (ANE) induced by the thermal gradient normal to the film plane, which is almost constant at each H . $R_{FL}^{2\omega} = -H_{FL} R_P / H$ is correlated with the field-like torque including the Oersted field torque, where H_{FL} is the field-like torque induced effective field. We obtain the values of θ_{int} using $\theta_{int} = H_{DL} \frac{2e M_s t_{Py}}{\hbar J_{C-int}}$, where the J_{C-int} is the charge current density at the NiO/Py interface and we assume it is the same as the current density in the Py layer.

Figure S2D shows R_{xy}^{ω} as a function of φ measured at a representative $H = 500$ Oe. It is fitted by Eq. (S1), indicating that the Py magnetization always follows the H direction. Figure S2E shows $R_{xy}^{2\omega}$ as a function of φ measured at the same H . We find that it is well fitted with Eq. (S2). By following the analysis procedures in previous reports (44-46), we obtain $R_{DL}^{2\omega}$ and thus H_{DL} values by subtracting the $R_{ANE}^{2\omega}$ term, which is determined by the intercept of the y-axis (Fig. S2F). Moreover, the $R_{FL}^{2\omega}$ data converge towards zero (Fig. S2G), which is in line with the expected

behavior of $R_{\text{FL}}^{2\omega}$ being inversely proportional to H . Finally, we determine θ_{int} at the NiO/Py interface at different t_{NiO} (Fig. S2H). We find that θ_{int} remains almost constant at ~ 0.011 for $t_{\text{NiO}} \geq 5$ nm, with the same sign as that in Bi₂Se₃ or Pt (27, 47).

We then obtain the t_{NiO} -dependent spin torque ratio by excluding the contribution of the NiO/Py interface (i.e. θ_{int}) at room temperature, which is shown in Fig. 3C of the main text. Since the θ_{int} remains almost constant as $t_{\text{NiO}} \geq 5$ nm, we assume that θ_{int} has a constant value up to $t_{\text{NiO}} = 100$ nm. In Bi₂Se₃ (8 nm)/NiO ($t_{\text{NiO}} = 0$ –100 nm)/Py (6 nm) devices, the total flow of the spin angular momentum ($J_{\text{S-total}}$) into the Py layer in each device can be calculated by

$$J_{\text{S-total}} = \frac{2e}{\hbar} \tau_{\text{DL}} M_s t_{\text{Py}},$$

where the damping-like torque τ_{DL} is determined from the ST-FMR measurements. As shown in Fig. S2B, $J_{\text{S-total}} = J_i + J_{\text{S-int}}$. The $J_{\text{S-int}} = \theta_{\text{int}} J_{\text{C-int}}$ and $J_i = \theta_i J_{\text{C}}$ are the spin current density from the NiO/Py interface and spin current density from the Bi₂Se₃/NiO in the device, respectively. Consequently, we obtain θ_i without a NiO/Py interface contribution as a function of t_{NiO} (Fig. 3C).

Section 3. Characterization of magnon current through NiO by THz emission

Recent progresses in optical characterization tools have allowed one to study optically-driven spin current generation in magnetic materials. In particular, a transient spin current driven by an ultrashort optical pulse in a magnetic thin film has been monitored by capturing the electromagnetic wave emitted from a strong spin orbit coupled layer adjacent the magnet based on the inverse spin Hall effect (ISHE). The injected spin current from the magnet into the layer with strong spin-orbit coupling is converted to the charge current, which can generate an electromagnetic wave typically with a terahertz (THz) frequency (48, 49). By monitoring the emitted THz wave, one can evaluate the strength of injected spin current (31, 32). Therefore, the

THz emission amplitude characterizes the spin-to-charge conversion, which is the reciprocal process of the ST-FMR measurements (charge-to-spin). Specifically, the THz emission amplitude is proportional to the time-averaged transient charge current density J_C converted from spin currents.

In this work, we use a Ti:sapphire regenerative amplifier system operating with a 1 kHz repetition rate, a central wavelength of 800 nm and a pulse duration of 120 fs. The laser beam is divided into two lines; one is used to excite spin currents in the magnetic layer and the other is used to probe the THz emission based on electro-optic sampling. The details of the experiments were reported elsewhere (50, 51). Figure S3 shows the THz waveforms emitted from Bi_2Se_3 (8 QL)/NiO ($t_{\text{NiO}} = 0\text{--}100$ nm)/Py (6 nm) films. For comparison, the time zero is set to be the temporal peak position and the THz amplitudes are normalized by the control film ($t_{\text{NiO}} = 0$ nm). The in-plane external magnetic field is applied with a strength of 1 kOe, which fully saturates Py magnetization. The sign change of THz waveform (see the inset of Fig. S3) when reversing the magnetic field orientation represents the ISHE-driven THz emission, which is observed in all the films. The THz peak amplitude is extracted for each film with different NiO thicknesses. We find that the NiO thickness dependence of THz amplitude shows almost identical behavior to that measured by ST-FMR (see Fig. 3C). The reproducible NiO thickness dependent behavior from independent THz measurements further validates our observations of magnon torques.

Section 4. Evaluation of spin torque ratio in control devices with MgO insertions

To confirm the magnon torque in our devices, we study the control devices C1 and C2. We have listed the device structures and the spin torque ratios in Table S1. As shown in Table S1, we insert a 6-nm MgO layer at the NiO/NiFe (C1) and Bi_2Se_3 /NiO (C2) interfaces. From the ST-FMR measurements, we find that the spin torque ratios θ_i are ~ 0.09 (C1) and ~ 0.03 (C2), respectively.

The small θ_i in device C1 indicates that the MgO insulator layer almost blocks the magnon currents through the NiO layer. In device C2, we may keep the property of NiO/Py interface similar to that in device D1 in the main text. The measured spin torque ratio θ_i^* is ~ 0.13 , which can be attributed to the NiO/Py interface contribution. After we subtract the NiO/Py interface contribution as described in section 2, the spin torque ratio θ_i is ~ 0.03 , which is negligibly small compared to that in the device D1 ($\theta_i \sim 0.3$) in the main text. This result further confirms the large magnon torque in our devices.

Section 5. Derivation of the magnon current at the NiO/Py interface

We estimate a transverse magnon current at the NiO/Py interface for the Bi₂Se₃/NiO/Py structure, using a simple drift-diffusion model. A schematic illustration of the model system is shown in Fig. S4. Because the NiO layer is polycrystalline (Fig. 2D), we assume that the magnon propagation in the NiO layer is diffusive. Following Ref. (36), the magnon current density in the antiferromagnet is given by

$$\mathbf{J}_m^{\text{AF}} = -\sigma_m^{\text{AF}} \frac{\partial \boldsymbol{\mu}_m^{\text{AF}}}{\partial z}, \quad (\text{S3})$$

where σ_m^{AF} and $\boldsymbol{\mu}_m^{\text{AF}}$ are the magnon conductivity and magnon chemical potential of the antiferromagnetic layer. The vector index stands for the magnon spin polarization direction. Because the magnon chemical potential satisfies the diffusion equation, we have

$$\boldsymbol{\mu}_m^{\text{AF}} = \mathbf{A}e^{z/l_m^{\text{AF}}} + \mathbf{B}e^{-z/l_m^{\text{AF}}}, \quad (\text{S4})$$

where l_m^{AF} is the magnon diffusion length in the antiferromagnetic layer.

At the Bi₂Se₃/NiO interface, we consider that a constant spin current from Bi₂Se₃ is injected into the NiO layer,

$$\mathbf{J}_m^{\text{AF}}(z = -t_{\text{NiO}}) = \eta \theta J_C \hat{\mathbf{y}}. \quad (\text{S5})$$

where θ is the spin Hall angle of Bi_2Se_3 layer, and is J_C the charge current density in the Bi_2Se_3 layer. η is a parameter which characterizes the angular momentum loss from spin to magnon conversion at the interface. For simplicity, we assume that the magnon dephasing length of a ferromagnet is zero so that the transverse component of the magnon current is absorbed at the interface and exerts a magnon torque on a ferromagnet. The transverse magnon current at the NiO/Py interface is given by (36)

$$\mathbf{J}_m^\perp(0^-) = -\frac{G_{A/F}^\perp}{2\pi} \mathbf{m} \times [\mathbf{m} \times \mu_m^{\text{AF}}(0^-)], \quad (\text{S6})$$

where $G_{A/F}^\perp$ is the interfacial magnon conductance for the transverse component between NiO and Py and \mathbf{m} is the magnetization direction of Py. We consider that the magnetization direction in Py layer is $\hat{\mathbf{z}}$. Solving Eqs. (S3)-(S6) with the boundary conditions $J_m^F(z = t_{\text{Py}}) = 0$, we obtain

$$J_x^m(z = 0) = 0, \quad J_y^m(z = 0) = \eta\theta J_C \frac{2G_{A/F}^\perp l_m^{\text{AF}} \kappa_{\text{AF}}}{G_{A/F}^\perp l_m^{\text{AF}} (1 + \kappa_{\text{AF}}^2) + 2\pi\sigma_m^{\text{AF}} (1 - \kappa_{\text{AF}}^2)}, \quad (\text{S7})$$

where $\kappa_{\text{AF}} = \exp(-t_{\text{NiO}}/l_m^{\text{AF}})$. In Eq. (1) of the main text, $\kappa \equiv \kappa_{\text{AF}}$ and $l_m \equiv l_m^{\text{AF}}$.

Section 6. Correlation between the antiferromagnetic ordering and magnon diffusion length

To elucidate the correlation between the antiferromagnetic (AF) ordering and magnon diffusion length, we conduct numerical simulations for one-dimensional antiferromagnet layer with the atomistic Landau-Lifshitz-Gilbert equation (52). We consider the hard-axis anisotropy along the thickness direction and the easy-axis anisotropy in the plane for the NiO layer. Perfect AF ordering has the anti-parallel exchange coupling in alternating layers. We consider the AF ordering by changing the sign of the exchange coupling randomly. In other words, the amount of AF ordering means how many atoms have antiferromagnetic coupling in the whole sample. Therefore, AF ordering is defined as AF ordering (%) = (the number of atomic sites having the

antiferromagnetic exchange)/(total number of atomic sites) $\times 100\%$. The magnon is excited at the bottom layer by an AC external field at 1.5 THz. Figure S5 shows the calculated magnon diffusion length l_m^{AF} as a function of the antiferromagnetic ordering. We observe that the magnon diffusion length increases with increasing the antiferromagnetic ordering. This result suggests that there is a close correlation between the antiferromagnetic ordering and magnon diffusion length.

Section 7. Reproducible magnon-torque-driven magnetization switching in Bi₂Se₃/NiO/Py devices

The magnon-torque-driven magnetization switching is reproducible in other Bi₂Se₃ (8 nm)/NiO (25 nm)/Py (6 nm) devices, as shown in Fig. S6. We follow the same measurement procedures in Fig. 4 of the main text.

Section 8. Magnon-torque-driven magnetization switching in Bi₂Se₃/NiO/CoFeB devices

The magnon-torque-driven magnetization switching is also demonstrated in the Bi₂Se₃ (8 nm)/NiO (25 nm)/Co₄₀Fe₄₀B₂₀ (CoFeB, 3 nm) devices, as shown in Fig. S7. We follow the same measurement procedures used in Fig. 4 of the main text. The switching of CoFeB magnetization induced by magnon torques has an important implication for use in spintronic devices since CoFeB is widely used for magnetic tunnel junction (MTJ) and magnetoresistive random access memory (MRAM) applications.

Section 9. Reproducible magnon-torque-driven magnetization switching in Bi₂Se₃/NiO/Cu/Py devices

The magnon-torque-driven magnetization switching is reproducible in other Bi₂Se₃ (8 nm)/NiO (25 nm)/Cu (6 nm)/Py (6 nm) devices, as shown in Fig. S8. We follow the same measurement procedures in Fig. 4 of the main text.

Section 10. Estimation of the switching efficiency from switching experiments

We carry out switching experiments on Bi_2Se_3 (8 nm)/NiO (t_{NiO})/Py (6 nm) devices at various t_{NiO} (≥ 2 nm). In these switching devices, the Py layer is also patterned into a rectangle so that the device structure is similar to that in Fig. 4. Figure S9A shows the switching current density J_C as a function of t_{NiO} . The switching is not observed for devices with $t_{\text{NiO}} < 12.5$ nm. Figure S9B shows the switching efficiency η as a function of t_{NiO} , where we define $\eta = H_P/J_C$ and H_P is the domain wall depinning field (53). We use this definition for the switching efficiency because the switching is governed by the domain nucleation and propagation in our device size. We find that η shows a qualitatively similar trend as θ_i in Fig. 3C of the main text.

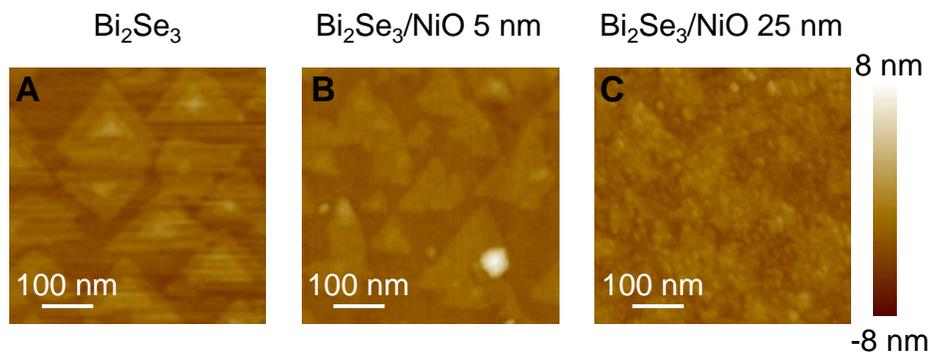


Fig. S1. Atomic-force microscopy (AFM) image of Bi_2Se_3 and $\text{Bi}_2\text{Se}_3/\text{NiO}$ films. AFM images of anmolecular beam epitaxy (MBE) grown Bi_2Se_3 (8nm) (A), a Bi_2Se_3 (8nm)/NiO (5 nm) film (B), and a Bi_2Se_3 (8nm)/NiO (25 nm) film (C).

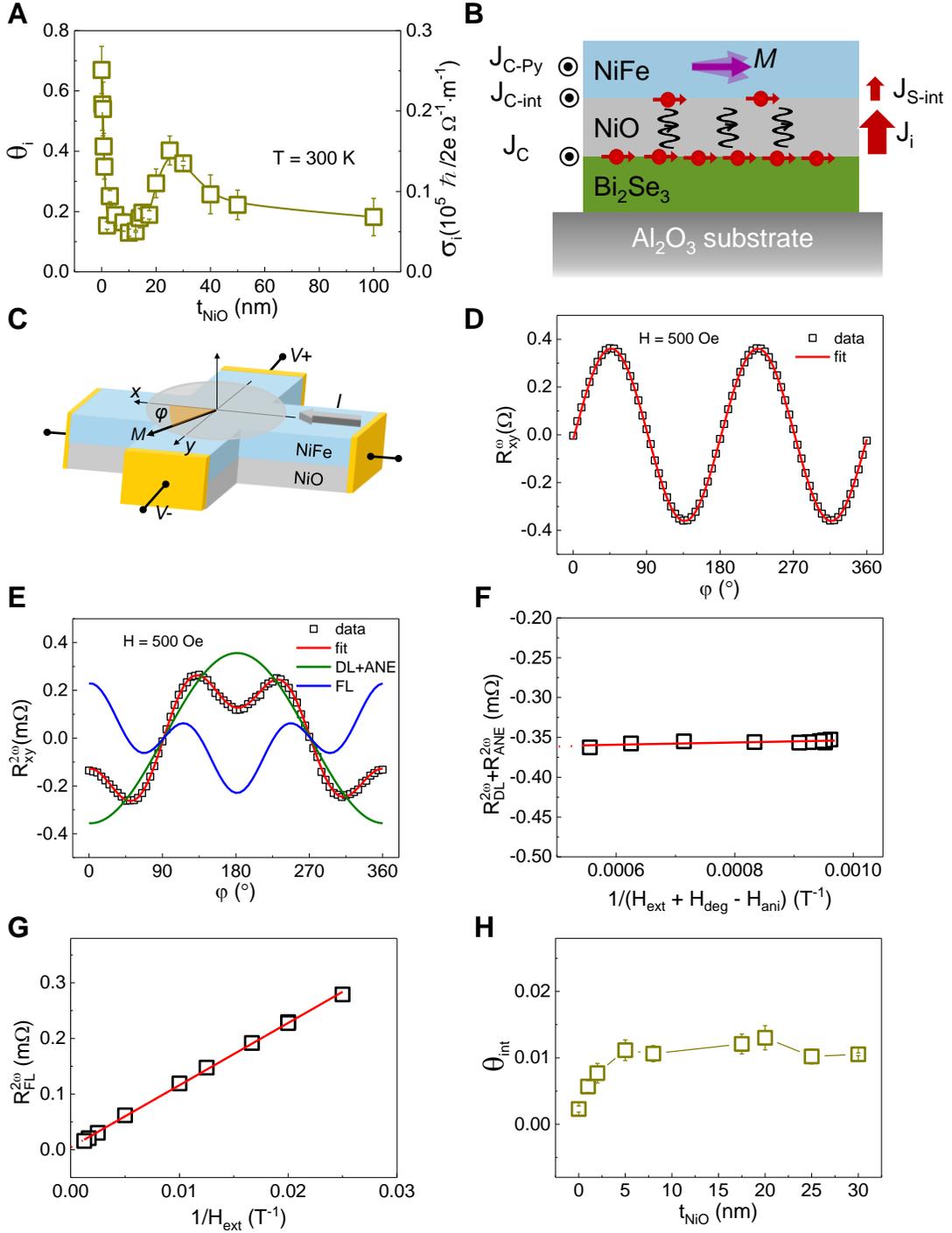


Fig. S2. Spin torque ratio θ_i and the NiO/Py interface contribution. (A) The t_{NiO} dependent spin torque ratio θ_i and spin conductivity σ_i from the symmetric component using ST-FMR measurements at room temperature. Here θ_i includes the contribution of the NiO/Py interface. (B) A cross section of the ST-FMR device along the I_{RF} direction. The red arrows with red balls and

the waved black wavy lines represent electron spins and magnon currents, respectively. **(C)** The schematic of the 1st and 2nd harmonic transverse voltage (or resistance) measurements. **(D)** R_{xy}^{ω} as a function of angle φ measured at $H = 500$ Oe and the fit. **(E)** $R_{xy}^{2\omega}$ as a function of angle φ measured at $H = 500$ Oe and the fit (red curve). The olive curve represents the 2nd harmonic transverse resistance $R_{DL}^{2\omega} + R_{ANE}^{2\omega}$ correlated with the damping-like torque τ_{DL} and anomalous Nernst effect, whereas the blue curve represents $R_{FL}^{2\omega}$ correlated with the field-like torque. **(F)** The summation of $R_{DL}^{2\omega}$ and $R_{ANE}^{2\omega}$ and **(G)** $R_{FL}^{2\omega}$ as a function of the static field experienced by the Py magnetization. **(H)** The electron spin torque θ_{int} at the NiO/Py interface as a function of NiO thickness at room temperature.

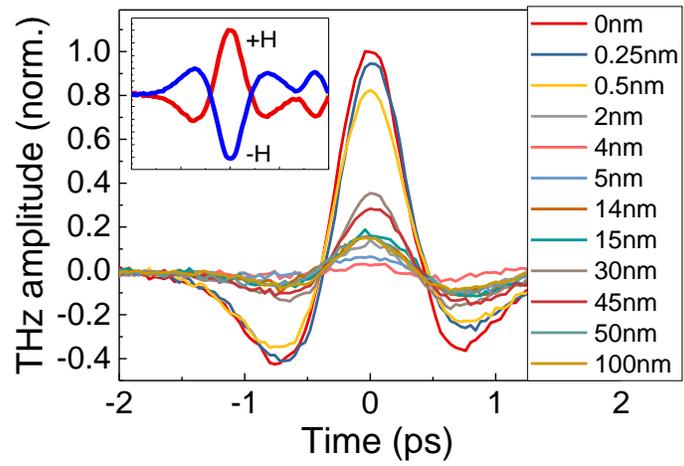


Fig. S3. Optical-driven THz emission in Bi₂Se₃/NiO ($t_{\text{NiO}} = 0\text{--}100$ nm)/Py films.

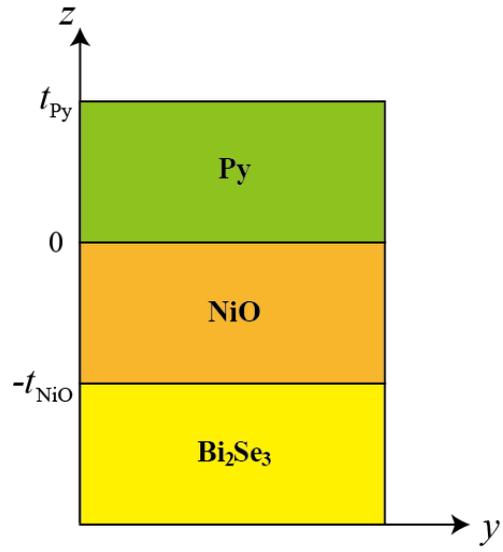


Fig. S4. Schematic illustration of the model system.

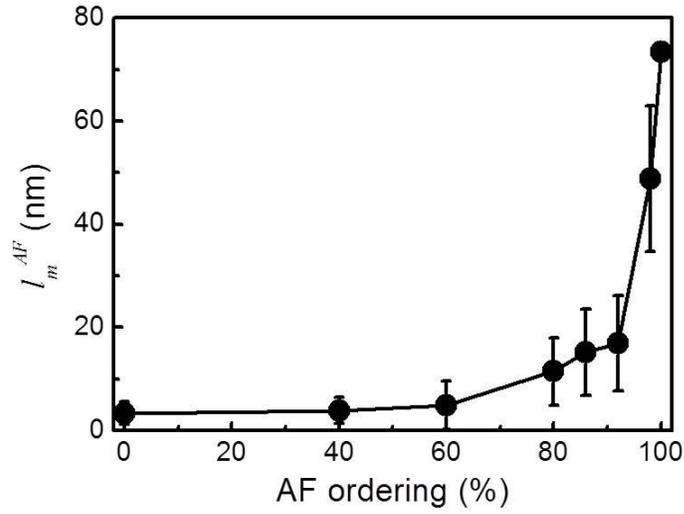


Fig. S5. The calculated magnon diffusion length l_m^{AF} as a function of the antiferromagnetic (AF) ordering. 100% represents a perfect antiferromagnet. The used parameters are damping constant = 0.005, exchange stiffness constant = -5×10^{-7} erg cm⁻¹, easy-axis anisotropy = 10^6 erg cm⁻³, hard-axis anisotropy = -10^6 erg cm⁻³, saturation magnetization = 800 emu cm⁻³, and lattice constant = 0.4 nm.

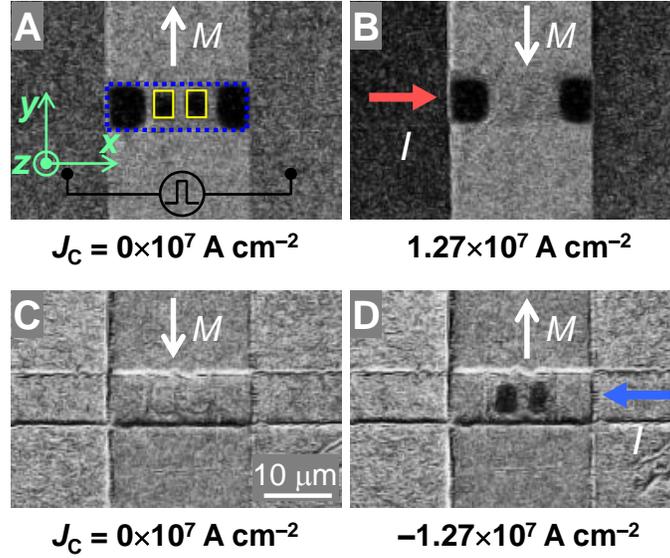


Fig. S6. Magnetization switching induced by magnon torque in the Bi₂Se₃/NiO/Py devices. MOKE images for the magnon-torque-driven magnetization switching using a pulsed current I along the $+x$ -axis (A-B) and I along the $-x$ -axis (C-D). The switching current density J_C is denoted underneath each image. The dark (light) contrast represents the magnetization along the $+y$ ($-y$)-axis. The current channel is $8 \mu\text{m}$ wide denoted by the blue dashed box. The isolated Py rectangles are denoted by the yellow boxes with the magnetization direction indicated by the white arrow.

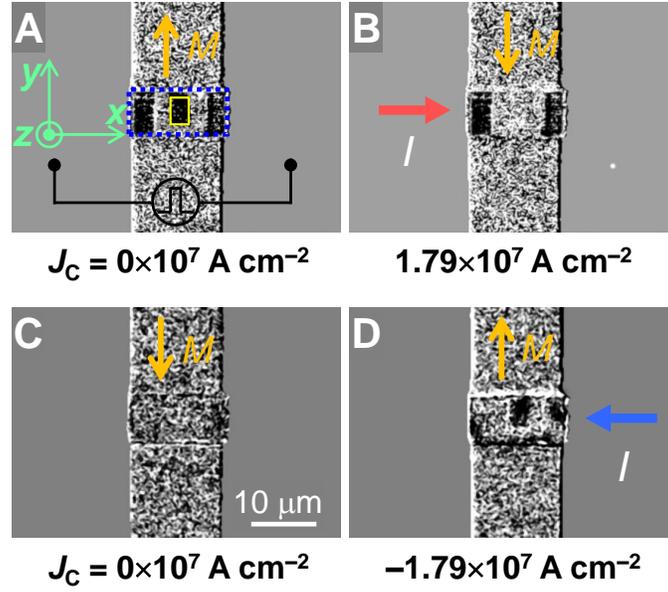


Fig. S7. Magnetization switching induced by magnon torque in the $\text{Bi}_2\text{Se}_3/\text{NiO}/\text{CoFeB}$ devices. MOKE images for the magnon-torque-driven magnetization switching using a pulsed current I along the $+x$ -axis (**A-B**) and I along the $-x$ -axis (**C-D**). The switching current density J_C is denoted underneath each image. The dark (light) contrast represents the magnetization along the $+y$ ($-y$)-axis. The current channel is $7 \mu\text{m}$ wide denoted by the blue dashed box. The isolated CoFeB rectangle is denoted by the yellow box with the magnetization direction indicated by the yellow arrow.

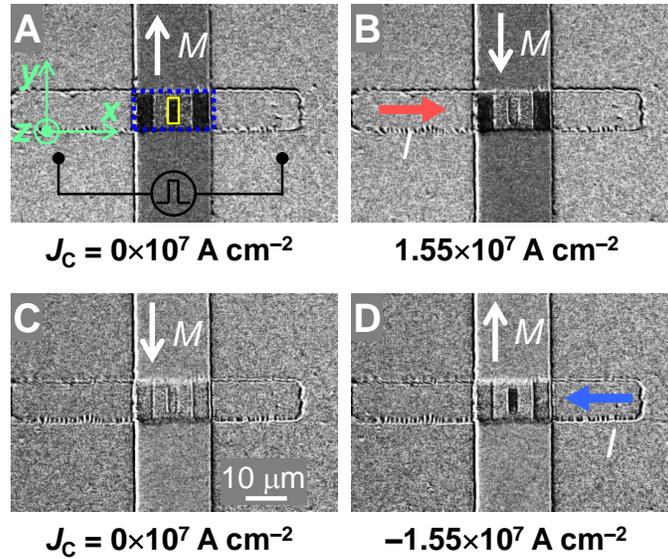


Fig. S8. Magnetization switching induced by magnon torque in the $\text{Bi}_2\text{Se}_3/\text{NiO}/\text{Cu}/\text{Py}$ devices.

MOKE images for the magnon-torque-driven magnetization switching using a pulsed current I along the $+x$ -axis (**A-B**) and I along the $-x$ -axis (**C-D**). The switching current density J_C is denoted underneath each image. The dark (light) contrast represents the magnetization along the $+y$ ($-y$)-axis. The current channel is $9.5 \mu\text{m}$ wide denoted by the blue dashed box. The isolated Cu/Py bilayer rectangle is denoted by the yellow box with the magnetization direction indicated by the white arrow.

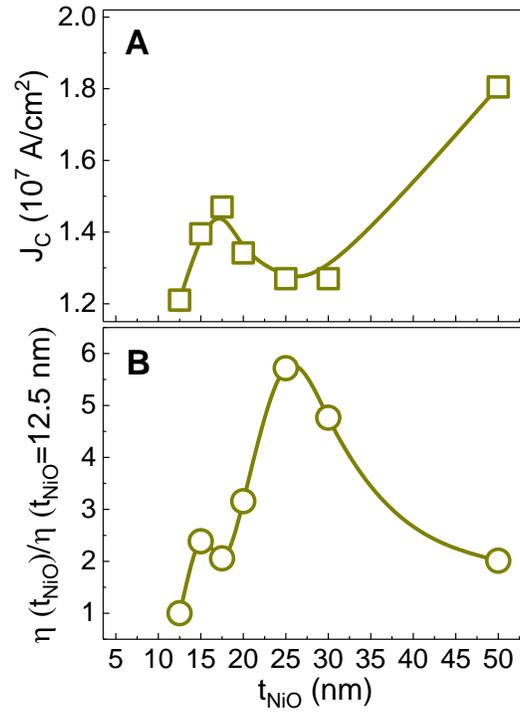


Fig. S9. The critical switching current density and switching efficiency from the magnetization switching measurements. **(A)** Switching current density J_C as a function of t_{NiO} . **(B)** Normalized switching efficiency as a function of t_{NiO} .

Table S1: Summary of control device structures and spin torque efficiencies

	Device structures (unit in nm)	θ^*	θ
C1	Sapphire sub./Bi ₂ Se ₃ (8)/NiO (25)/ MgO (6) /NiFe (6)	~0.09	~0.09
C2	Sapphire sub./Bi ₂ Se ₃ (8)/ MgO (6) /NiO (25) /NiFe (6)	~0.13	~0.03
D1	Sapphire sub./Bi ₂ Se ₃ (8)/NiO (25)/NiFe (6)	~0.40	~0.30

θ (θ^*) represents the spin torque efficiency excluding (without excluding) the NiO/Py interface contribution.

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